

Uttlesford Help Hub

Get help with mental health, cost of living, housing, employment and benefit issues at open door events in Saffron Walden and Dunmow.



**Uttlesford
Help Hub**

Uttlesford Help Hub can provide advice and support on:

- Benefits and housing
- Rent and council tax
- Managing payments and arrears
- Wellbeing and mental health
- Employment advice

Speak to someone

Drop into an event in Saffron Walden or Dunmow.

Saffron Walden

Where

Saffron Community Link

1a Market Street, Saffron Walden CB10 1HX

[Find the Community Link on a Google map](#)

When

From 10am to 2pm on the last Thursday of the month throughout 2026:

- 29 January
- 26 February
- 26 March
- 30 April
- 28 May
- 25 June
- 30 July
- 27 August
- 24 September
- 29 October
- 26 November
- 17 December

Dunmow

Where

Dunmow Library

47 White Hart Way, Great Dunmow CM6 1FS

[Find the Community Hub on a Google map](#)

When

From 10am to 2pm on the second Wednesday of the month throughout 2026:

- 14 January
- 11 February
- 11 March
- 8 April
- 13 May

- 10 June
- 8 July
- 12 August
- 9 September
- 14 October
- 11 November
- 9 December